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गणनाको लागि तयारी; फाइल तय गर्नु; फारम भर्नु; डाटा सङ्ग्रहण; र प्रतिवेदन

क) लक्ष्य

लक्ष्य: = @)&, जसले !@ ut]uPsf]ljgfzsf/l e\$Dk / ttkZrftsf k/fsDkगु;af6 केलि त ब्रुस #! lhNnf; dWb] dWb tyf klZrd kxf8 tyf lxdfnsf !\$ lhNnf clt केलि त eP . Itg}clt केलि त !\$ lhNnf; sf7df8f} nlnrk/, eQnk/, sferknfgrf\$, l; Gwhl, l; GwknfNrf\$, bfhvf, uf]vf, wfb^a, dsjfgk/, gjfsf, /; jf, /fd\$fk / cf]yn^adf e\$Dkn]kf/\$f]; fdfhs tyf hg; f^aNos केलि sf]cllbog lqej g ljZj Bfnosf]hg; ^aVof cllbog s[bllo ljefun]; DkGg u/\$f]5 .

o; sf]dVo p2]o ljgfzsf/l e\$Dk @)& n]kf/\$f]; fdfhs tyf hg; f^aNos केलि sf]cllbog ug{/x\$]lyof]. vf; u/l e\$Dksf sf/Of k/\$f]c; /sf hftlo, ; F:s[ts lj]wtf, khgg, d[o' / a; fOF/fOdf k/\$f]केलि नुफोट ; दुधुग hg; ^aVofsf]cfsf/, ; Argf, tyf lj t/Ofdf bl]vPsf केलि x₂sf]lj Zn]fOf ug{/x\$]lyof].

गणना ; /sf/ hg; ^aVof tyf jftfj/Of dGqfnosf]; e]hg tyf ; eQm/fi6<hg; ^aVof sf]f (UNFPA)/ cGt/1{6e cfk]f; ; E7g (IOM)sf]cfly\$ tyf कलि]ws ; xof]udf hg; ^aVof cllbog s[bllo ljefu (CDPS), lq=j-af/f ; DkGg ul/Psf]o; cllbogsfnflu kl/dfOf]ds (Quantitative) / uOf]ds (Qualitative) u/l b] }cg; Gwgsf lj]wx₂ कलि ul/Psf lyP . j]flgs gdfsf]lj]w to u/l #,))) 3/w/Ldf ; DkGg ul/Psf]o; cg; Gwfgn]e\$Dk केलि त 3/w/Lsf]; fdfhs tyf hg; f^aNos केलि tVof^alo ?kdf k]t't u/\$f]5 .

केलि त 3/w/Lsf]; fdfhs -hg; f^aNos lj]t

5flgPsf #,))) 3/w/Lsf]hOdf hg; ^aVof !\$,(*& / kl/jf/ cfsf/ %=) /x\$]lyof]. logdf dlxnsf]hg; ^aVof &,%^* -%)=%) / n]us cgkft (* xg cfp5 . !% bl]v %(jif\$ cfly\$?kn]; Isf hg; ^aVof ^% कलि त /x\$] lyP . logdf cfl>t afnafnsf / Ho]7 gful/s cgkft neu %\$ कलि त /x\$]lyof]. e\$Dk केलि त Ifq dWb tyf klZrd kxf8 / lxdfn /x\$fn]klg cllbogdf hftut ; Argf xdf{kxf8l hghft a9l केलि त ePsf] bl]v65 h; df ; aefGf a9l -^%_ tdf^a केलि त /x\$]kfOof]. To:t}!* कलि त Ifq; lxt j]DxOf, gj]f/, cGo kxf8l hghft tyf blntx₂ e\$Dkaf6 केलि त ePsf kfOof].

गलत लक्षण

- E\$Dk केलि त Ifqdf Psn kl/jf/, n]us cgkft, / cfly\$?kn]; Isf hg; ^aVof /fli6e :t/efGf a9l /x\$] kfOPsf]5 . cllbog ul/Psf dWb] !& कलि त 3/kl/jf/n] cfkn]f]k/Dk/fut कलि e\$DkZrft udfPsf]cydf klk cfly\$?kn]; Isf hg; ^aVofsf]:j b]zdf g]lg]f{dVl /fhuf/Lsf]cj ; / कलि ul/g'kg] cllbog]; ^as] ub5 .
- केलि त Ifqdf vf; u/l dlxnsf]j]flxs l:yltdf kl/jtG ePsf]kfOPsf]5 . ul/al / c1fgtf; E hfl]8Psf] Psn dlxf / afn lj]jxfsf]ljBdfg cj:yfdf e\$DkZrft\ol ; d:ofx₂ rgf]lkOf{ aGg] bl]v65 . ; dbfout ; Argfsf cfwf/df lszf]lszf]l, khgg ; j]hgZntf; E uff] Psf]afn lj]jx / Psn dlxfnsf Ifqdf uxg cllbog xg; d] cf]Zos 5 .
- nfd] ; dob]v ; fdfhs, cfly\$ tyf e]v]hs sf/Ofn]j]xis/Ofdf k/\$f ; dbfo e\$DkZrft\yk df/df k/\$f]cllbog]bl]vPsf]5 . ; dtfdhs kglgdf]sf]cjwf/Ofn]dfq ; dbfod] kglgdf] ; Dej xg] bl]v65 .

- ;fwf/Of n]yK9 ug{Sg]hg; aVofdf j[4 b]vP klg k?if / dlxfalrsf]vf8n sfod}5 / o; n]yk n]lus c; dfgtf j[4 ug[; a\$] ub\$. e\$DkkZrft\sxl afnaflnsf]lj Bfno lzlfss]lg/Gt/tfdf jfwf ptkGg ePsf]cWbogn]b]vPsf]5 . tTsfnf]kl/l:yltdf c:yfol lzlf0f s]bdf afnaflnsf k9fpg] Joj :yf ul/Psf]eP klg cfh; Dd klg To; s]lg/Gt/tf xgh]lj Bfno klgldf]df plrt Wbfg klg'cfj Zos b]vG5 .
- e\$DkkZrft\s[ifdf cfi>t hg; aVofdf lgs}sdL cfPsf]kf0Psf]5 . s]n # \$ kl'tzt s[ifdf ci>t / @(kl'tztn]dfq cfkng} s[if ptkfbgn]j ife/ vfgkUg]atfPsf 5g\ Pslf/ v]l ug]hldg klx/f]/ v]hf lsgf/df af9lsf]rk]df 5 eg]csf[t/ k/Dk/fut v]l k0ffnldf o]fsf]cfsif 36b]5 . lgj fxdvl s[ifaf6 Joj ; fodvl s[ifsf]cj wf/0ffdf hfgkg]o; n]:ki6 ; a\$] ub\$.
- e\$Dksf sf/Of dgf]fdilhs ; d:ofdf k/\$sf nflu gltut ; Daf]vg ul/g'jf-5glo b]vPsf]5 .
- e\$Dk kZrft]p4f/ sfodf 5/15d\$ / ; dbosf dflg; g]; aebf klxfn vl6Psf]kf0g' :jeflj s eP klg cf0kg]o:tf ljkbdf ; /sf/sf] t?Gt} pkl:ylt jf-5glo xG5 / To; sf nflu ; dbosf]k]olf ; xeflutf ; lglZrt ub]; /sf/af6 cfkng]lfdtdf ; dofg; f/ j[4sf]cj wf/0ffaf6 ; wf/ ul/g'h?/L 5 . cfwf ebf a9ln]e\$Dk uPsf]/ft sxl gvfo{a:g' k/\$f]cj :yfn]klg lj kQsf]j]hf ; /sf/sf] t?Gt pkl:yltsf]cfj Zostf dxz'; u/fp5 .
- clxn]e\$Dkdf vf; u/l zx/L l]sf afSnf]j:tl ePsf 7fp]df keflij t dflg; x]sf]p4f/ / /fxtdf b]vPsf]; d:ofnf0{dWbgh/ /Vb}lj kbdf ahf ; dbfo:t/ ; Dd vhf l]g jf 7fp]plrt k]Gw; lxt ; xh p4f/ / /fxt kl]g/L cfj fudgdf Wbfg lbg'h?/L 5 .
- lxhf]fh e\$Dkk15 /fli6 klgldf ; a\$]kfyldstfdf k/\$f]eP klg cem]klg e\$Dksf sf/Of lj :yflkt e0{c:yfol 6x/df a; \$f keflij tx; ; /lft jf; :yfgsf]cejdf s7lg hljg Jotlt ug{j]Wb 5g\ . sltkosf]hluf wf]f krf6\$]/ klx/f]uPsf sf/Of keflij t kl/jf/x; cfkng}7fp]df 3/ lgdf]ug{c; dy{ 5g\ . c:yfol lzlj/df a; f]f; ug{j]Wb Ho]7 gful/s, dlxfn / aflnsf]sf]lj z]f cj :yfnf0{Wbfgdf /Vb}dlxfn, aflnsf tyf Ho]7 gful/sd] ; Argf lgdf]df Wbfg lbg h?/L 5 .
- Pslf/ ; /sf/n]klx/f]u0{jf wf]f krf6 a:g cof]o /x\$] l]gdf Psls] a:tl lj sf; sf]cj wf/0ff cl3 ; fl/x\$]5 / To]klg cToGt ; :t ultdf /x\$]kf0Psf]5 eg]cWbogn]rflx fclwsfz keflij tx; cfkng} yftynf]df 3/ lgdf]ug{rfx\$]b]vPsf]5 .
- 3/ lgdf]sf ; DaGwdf sxl keflij tx; ; a}k\$]/sf]; lj wf; DkGg 3/ ; /sf/n]g]lgdf] ul/lbP cfkml'yk af]df kg{gkg]ts{/V5g\eg]w]h; f]; /sf/sf ; df]o Joj:yt k]j lws / cfly\$; xof]un]klg 7hf] e/y\$ /Vg]ts{u/\$f]kf0of}.
- w]h; f] keflij t ; dbfo k/Dk/fut k]zdf cfa4 ePsf / e\$Dkn]tl k]zdfly 7hf] lft k]ofPsf]tyf l]gdf cfj 4 ; dbosf]; lkdf Xl; c]pg]; Defjgf a9\$] sf/Of o; /l ku\$]l]ltsf]j]xt cWbog dfknt l]gdf]; Af0f / k]4gdf hf\$ lbg h?/L 5 .
- ckf^utf ePsf JolQm e\$Dk h:tf]ljgfzsf/L kl/l:yltdf yk df/df kg]; d:ofnf0{dWbgh/ ub} ckf^utf]d] klgldf]df hf\$ lbg cfj Zos 5 .
- e\$DkkZrft keflij tx;n]; krf rkl{z4 lkpg]kfglnufotsf ; d:ofx; Eff]g' k/\$f]atfP . vhf l]gdf lbzf lk; fa ug{j]Wb ePsf]To; n]yk dxdf/L lgDTo]pg ; Sg]; Defjgf k]an ePsf]h]pQm; d:ofnf0{klg plrt ; dfwfg ug{cj Zos b]vG5 .
- cWbogsf ahf %* kl'tzt afnaflnsf]lgoldt v]kdf c; / ku\$]kf0Psf]lyof] . ; dod}plrt :Jf:Yo ; ljwfsf]cejf sf sf/Of ue]tl dlxfn]lgoldt k/Llf0df c; / ku\$]kf0Psf]tyf ue]tl k/Llf0f 36\$]tyf lj j]lxt dlxfn]sxl ; do ue]tl xgaf6 hf]ug]pkfosf]v]hl / OR5f /fv\$]; d] kf0Psf]lyof] . lj kQsf]j]hf xg]; Deflij t n]s lx+fnf0{ ; d] Wbfgdf /Vb}k]hg :j:Yo, kl/jf/ lgof]hgsf ; fwg tyf v]k]plrt k]Gw; ; /lft dft]sf nflu cfj Zos kg]; fdul]sf]; xh cfklt]df Wbfg lbg h?/L 5 . o; sf nflu dlxfn :j:Yo :jod\lj sfsf ; fy}; ~rf/sf ; fwgnf0{kefj sf/L ?kdf kl/rfng ug{h?/L 5 .
- e\$Dksf ahf lj b]zdf /x\$]kl/jf/sf ; b:on]kof]t cfly\$; xof]u u/\$f]tyf k}f k7Psf]tYonf0{Wbfgdf /Vb}k]lgldf]df j]z]s /f]huf/Ldf /x\$]JolQm]k7Psf]/]d6]; sf]plrt k]f]u / ; bkof]u xg h?/L 5 .