

STRENGTHENING THE KNOWLEDGE AND PRACTICE OF FRONT-LINE WORKERS THROUGH CAPACITY BUILDING TRAININGS









## **BACKGROUND**

COVID-19, widely known as the novel coronavirus, emerged in December 2019. On 20 January 2020, the World Health Organization confirmed the outbreak of the virus and called for global actions for prevention and response to COVID-19. An assessment conducted by the Humanitarian Country Team and a multi-sectoral risk assessment conducted by IOM in six ground crossing points (GCPs) found that the personnel working at the border had limited knowledge and skills to manage the risks of COVID-19 and respond to the diverse needs of migrants.

IOM has implemented the project "Effective case management by strengthening Isolation centres and Ground Crossing Points (GCPs) management for Rapid Response and Preparedness against COVID-19" to support the Government of Nepal. The project is funded by European Union Directorate-General for European Civil Protection and Humanitarian Aid Operations (ECHO). The project targets six government designated GCPs, namely Kakarbhitta, Inarwa/Birgunj, Krishnanagar, Jamunaha, Gauriphanta and Gaddachauki.

Considering the needs on the GCPs and requests from officials, three major types of trainings were organized for frontline workers and border officials at the six GCPs:

- 1. Training on COVID-19, International Health Regulation (IHR, 2005), recording and reporting, use of safety gears and medical equipment, and infection prevention and control (IPC) methods
- 2. Training on risk communication and community engagement, human rights and state obligation at international borders, gender sensitive screening and protection mechanism
- 3. Training on psychological first aid

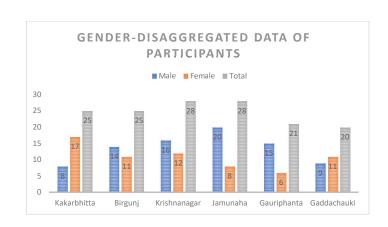


Participant sharing her feedback during the training session. © 2022 IOM Nepal

Training on COVID-19, International Health Regulation (IHR, 2005), recording and reporting, use of safety gears and medical equipment, and infection prevention and control (IPC) methods

### Objectives of the training

- To capacitate the officials at the GCPs and isolation centers about IHR and recording and reporting at GCPs.
- ii. To strengthen the knowledge and practice of the officials at the GCPs and isolation centers on IPC measures to be applied and adopted and proper use of necessary medical equipment.



### **Achievements**

Altogether 147 health workers and border officials (82 males and 65 females) learned about:

- ✓ IHR (2005) at points of entry and GCPs
- ✓ IPC measures to be applied and adopted
- ✓ Different variants of COVID-19, vaccination, prolonged COVID-19 symptoms
- Recording and reporting mechanism
- ✓ Signs-symptoms and preventive measures of monkeypox
- ✓ Definitions of and differences between isolation and quarantine.



Participants involved in pre-test. © 2022 IOM Nepal

# **VOICES FROM THE BENEFICIARIES**



"The recap about hand washing and IPC measures was good for us. Also, the update about monkeypox is important as we work in the frontline. The basic things about mask use was really enlightening to everyone and we will change mask frequently as suggested."

Staff, Health Desk,
 Gaddachauki GCP

"The detailed session on COVID-19 was interesting and informative. It's useful for us in our line of work."

Staff, Health Desk,Jamunaha GCP

"The interactive games like snakes and ladders and ludo made the training very exciting."

Staff, Health Desk,
 Kakarbhitta GCP



Demonstration on use of personal protective equipment.
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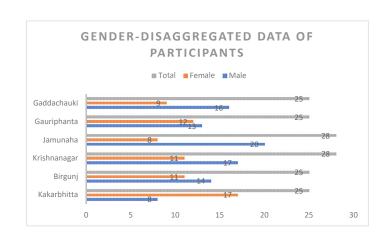


Participants playing snake ladder game related to infection prevention and control session. © 2022 IOM Nepal

Training on risk communication and community engagement, human rights and state obligation at international borders, gender sensitive screening and protection mechanism

## Objectives of the training

- To enhance the capacity of frontline workers on risk communication and community engagement (RCCE), and human rights and states' obligation at international border.
- ii. To capacitate the frontline workers on protection issues and protection mechanism for better identification, prevention, and response of vulnerable groups at GCPs.



### **Achievements**

Altogether 156 frontline workers (88 males and 68 females) which included of 41 health desk staffs, 22 security force personnel, 40 government office personnel and 53 NGOs workers, learned about:

- Risk communication and community engagement
- Protection mechanism and screening method
- Referral mechanism
- ✓ Human rights at international borders



Group work session. © 2022 IOM Nepal





# **VOICES FROM THE BENEFICIARIES**

"Considering the current situation, the training is very relevant. The content of the training was good, and the methodology applied to deliver the session was very engaging."

- Staff, NGO working at the GCP

I learned the stages of RCCE message development and broadcasting. Similarly, session on protection mechanism enhanced my knowledge to identify and provide protection services to the vulnerable group."

- Staff, Health Desk

"This training provided a platform for people like me working at isolation centers away from the GCP to know about different organizations working at the GCP to prevent the spread of COVID. The training was participatory and included interesting and informative session on human rights, protection mechanism and RCCE. Group work and interesting games helped the participants to absorb the lessons enthusiastically.

- Staff, Isolation Center



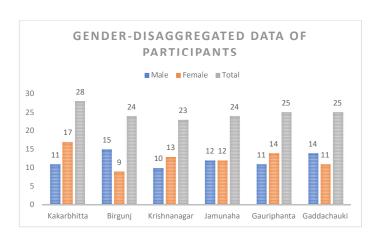
Participants playing card games on identification of content on COVID-19. © 2022 IOM Nepal



## Training on psychological first aid

## Objectives of the training

- i. To enhance the understanding on the basic concept of psychological first aid (PFA) and its three action principles.
- ii. To explore and practice real time PFA handling methodologies.
- iii. To enhance the understanding on the aspects of selfcare and distress/suicide prevention.



### **Achievements**

Altogether 149 frontline workers (73 males and 76 females) increased their knowledge on:

- ✓ PFA and its action principles
- Mental health and psychosocial support in emergencies and displacement
- ✓ Self-care techniques and suicide prevention



Participants engaged during PFA skill practice. © 2022 IOM Nepal



Participants engaged during group session. © 2022 IOM Nepal





# **VOICES FROM THE BENEFICIARIES**

"Before this training I was not informed about the safe house for survivors. Thanks to the training, I learned about PFA skills and organizations that provide different protection and psychosocial services. These things help us work better during crisis by linking the person seeking help with other services."

- Staff, Health Desk

"The training helped build knowledge and skills on psychological first aid along with self-care techniques"

- Staff, Health Desk

"As a medical doctor
I always tend to prescribe medicine for any health problem. Thanks to this training, I have realized that there are many things that can be done before prescribing medication.
Thank you, IOM Nepal, for imparting such lifesaving skills to frontline workers."

- In-charge, Health Desk, Birgunj

"Among over ten training events I have attended, this is the best training so far in terms of content, presentation, organized interactive session and practical exercise. I would like to suggest the organizer to provide this to all front-line workers.

- Health Coordinator, Punarbas Municipality, Kanchanpur



Group discussion session. © 2022 IOM Nepal

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